O2 newsletter

FREE

The Alberta Source for Information for Gays, Lesbians, Transgendered, Bisexuals and their Friends. O2 is a non-profit social recreation group dedicated to enjoying life!!!

Come Out with O2...
Your Alberta Information Source..

This Issue....

Curling..Titans Bowling..Paintball..Ski
Surviving the O2 98' Campout
Resources..Agencies..People
Off Leash Parksites
Parks of Edmonton
The Book Report
Web Surfin

August/September 1998

Buddys
Dance Pub inc.
MANDATORY UNDERWEAR PARTY
SATURDAY, AUGUST 15TH
JUGS $6.50
Any undies will do!
Starts at 10 pm
10112 - 124 St., Edmonton
Edmonton's only
public gay club!
No memberships! No cover!
Our fun is
FREE!

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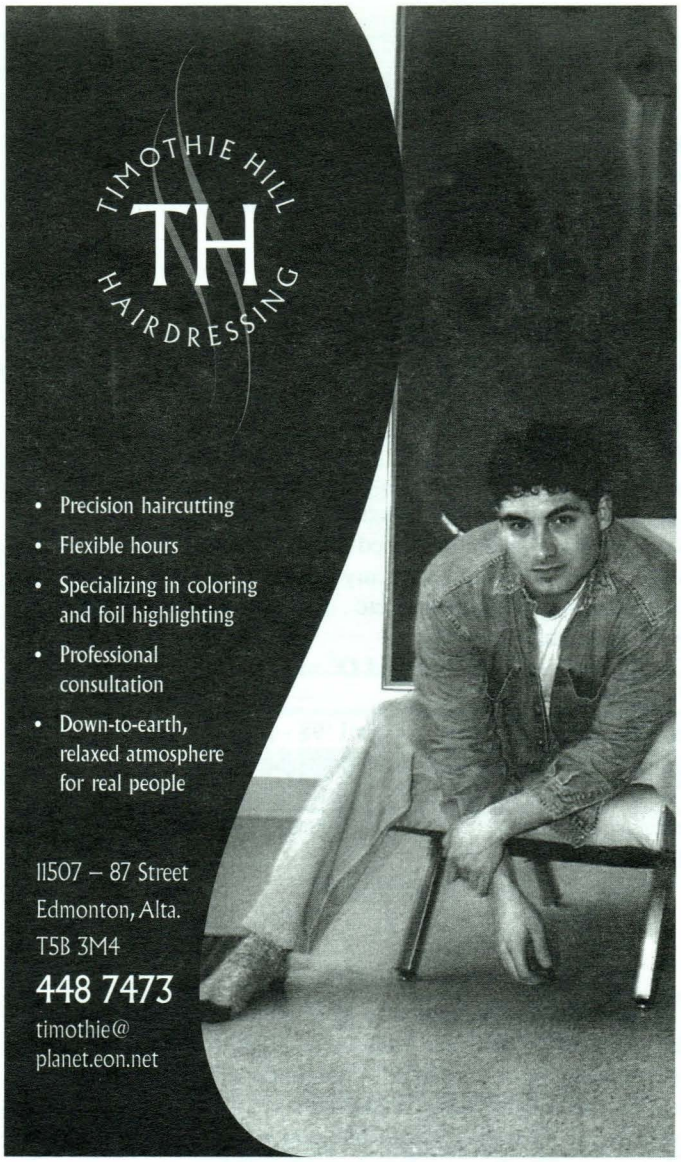

NOTICES OF IMPORTANCE

Planning Meeting at G.L.C.C.E.
Tuesday September 1st, 1998
Come plan some events or just have a coffee with us!!
Call Laura for information 498-7232

Have YOU renewed your O2 membership..?
O2 is published for the community by volunteers but we need your help in the basic administration costs of printing..
Keep O2 alive!!!!!!!!
Renew today..

O ^{2}'s Purpose

To provide a variety of opportunities for individuals to enjoy recreational, social and outdoor activities together in the hope of building a stronger LesBiGay Community. O^2 exists to bring people with similar interests together and to offer quality social alternatives. ***Have fun and meet new people . . . get involved!***

How O ^{2} Works

◆ O^2 is a member-run group in which members organize activities for their fellow members to enjoy. All activities are self funded - some are free.

◆ The types of activities members organize are only limited by their imaginations. The variety of activities is amazing! Scan the ***Table of Contents*** to see what's happening this issue. Spring and summer O^2 activities usually include camping, rollerblading, cycling, canoeing, picnics, beach volleyball, golf, gardening and so on. Generally, you don't need much experience to participate in most activities - if you have any questions about the required skill level, equipment needed, etc., don't hesitate to call the activity coordinator.

◆ You MUST be a current paid O^2 member to take part in any O^2 activity.

Membership is $10 per year (April '98 - March '99). A Membership form is included in this issue

◆ Activity planning meetings are held 6 times per year. At these meetings, volunteers brainstorm, discuss & organize future activities.

O ^{2} Newsletters

O^2 Newsletters are available for ***Free*** at many locations in Edmonton. 600 copies are released near the first of the month, every two months. Newsletters contain the detailed information about O^2 activities, other community events and usually short stories and highlights of recent O^2 activities. We always welcome your photos and short stories.

◆ **Activity / Story Submission Deadlines:**

3 weeks prior to the release date of the next Newsletter.
Contact Lorelei by e-mail: ldonoghue@mailcity.com

O ^{2} Executive

President:	vacant
Vice President:	vacant
Treasurer / Membership	Kent Racher
Public Relations / Promotions:	Lorelei Donoghue
Secretary:	Bill Addison

Newsletter Committee for this issue:

Publisher and Editor:	Lorelei Donoghue
Assistant Editor:	vacant
Advertising Salesperson:	vacant
Activity Information Collector:	Darren Bates
Distributors:	volunteers of O2
Story / Photo Editor:	vacant
Community Group Liaison:	Bill Addison
Data entry / Technical input:	Lorelei Donoghue

O^2 ☎

988-3132 (24 hour Hotline)
Describes how ***OUT&Out*** works, lists Newsletter distributors and allows you to leave a message with your feedback and suggestions concerning O^2, any O^2 activity and our Newsletter. For the detailed info about current O^2 activities, please pick up the latest Newsletter. You can also directly phone the
O^2 Executive at 454-0313.

O^2 💻

E-mail: o2edmonton@hotmail.com

O^2 ✉

Mail your membership fee ($10.00 check or money order payable to "Out &Out") **AND** the Membership Form on page 7 to 14016 - 109B Avenue, Edmonton, AB T5M 2K8.
All other written correspondence may also be mailed to this address.

O ^{2} Newsletter Distributors

◆ **Gay & Lesbian Community Centre**	
#103, 10612 - 124 St.	488-3234
◆ **Orlando Books**	
10640 Whyte Ave.	432-7633
◆ **AIDS Network of Edmonton**	
#201, 11456-Jasper Ave.	488-5742
◆ **109 Disco**	
10045 - 109 Street	413-3476
◆ **The Roost**	
10345 - 104 Str.	426-3150
◆ **Greenwoods' Bookshoppe**	
10355 - 82 Ave.	439-2005
◆ **Jazzberrys Too Cafe**	
10116 - 124 St.	488-1553
◆ **Buddy's Pub**	
10116 - 124 St.	488-6636
◆ **The Front Page**	
10846 - Jasper Ave.	426-1206

O2 needs your help with a few small items

We are looking for people interested in helping out.
Newsletter Distributors: about 2 hours bi-monthly
Promotions: ensure the local newsletters have current info.
Story/Photo Editor: find interesting articles with pictures. Find about 2-3 per issue..
AdPerson: Locate new advertisers and maintain contact with current. Try for at least 5 per issue.

Locations of Off-Leash Areas for Dogs in Edmonton's River Valley

Many Edmontonians like taking their dogs for walks in one of beautiful River Valley Parks. In most locations, dogs must be on a leash no longer than six (6) feet in length, but there are eight (8) locations where you can walk your dog "off-leash" in the River Valley. As a dog owner in Edmonton, you have specific responsibilities when walking your dog off-leash.

- You must stoop and scoop to clean up after your dog.
- Your dog must remain under control and respond to your commands.
- You should purchase a city dog license. If your pet is found wearing a tag, your dog will be given a "free ride home" if found by the city pound, but failure to obtain a license means a $100 fine.
- You should be aware that wildlife, like skunks, porcupines, and other animals inhabit our river valley. By training your dog to obey your commands, you can ensure the safety of your dog and these animals.

For more information about off-leash area for dogs, write to
"Dogs Off-Leash"
c/o Southeast Parks and Recreation Branch
9120 - 37 Avenue, Edmonton, AB T6E 5L4

The following are the eight (8) off-leash areas in Edmonton's River Valley:

1. Buena Vista Great Meadow
Natural area south of Valleyview Crescent, north of Laurier Park and south of Melton Ravine (approx. 88 Ave.), not including main bridge access trail. Access and parking off Buena Vista Drive opposite zoo parking lot. This park is a multi-use area with children, cyclists, and hikers; please ensure that you clean up after your dog and have control of your pet at all times.

2. Dawson Park
South side of Dawson Bridge to Capilano Bridge on the granular trail only. The north side of Capilano Bridge to 50 Street Bridge is an ON-LEASH area. There is parking at the Dawson amenity building. Due to the number of joggers who use this area, please ensure that you "stoop and scoop".

3. Kennedale Ravine The off-leash area is located in the ravine west of 40 Street; loop west to 47 St and the top of the bank. The area does NOT include the hard surface bike path.

4. Hermitage Park North
Take your pet to the area north of the fishing ponds; 129 to 137 Ave along 22 Street; and the top of the riverbank. The following areas are on-leash: pond areas, lake and the rover area.

5. Terwillegar Park
This is a large natural park with access via Rabbit Hill Road. This multi-use area includes cyclists, competitive racing, and boating, so please remember to "stoop and scoop."

6. Riverside Hiking Trail
Take your dog along the gravel trail on the south bank from the Low Level Bridge to the east end of the Riverside Golf Course. Again, please be considerate of the other multi-use users of this trail: cyclists, joggers, pedestrians, and in-line skaters.

7. Capilano/Gold Bar Hiking Trail. The off-leash area includes the gravel trail on the south bank of the river from the Capilano Bridge to the Rundle Pedestrian Bridge, but NOT including the area between 56 and 50 Street (west of Capilano Park) and these picnic areas.

8. Mill Creek Ravine
Dogs are allowed off-leash from 68 avenue and 93 Street (west side of Argyll Park), on the north side of Argyll Park and north through the bottom of the ravine (off the paved main trail) to the Whyte Avenue Bridge.

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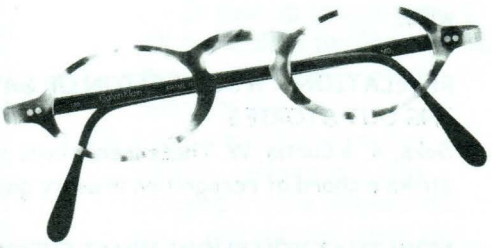
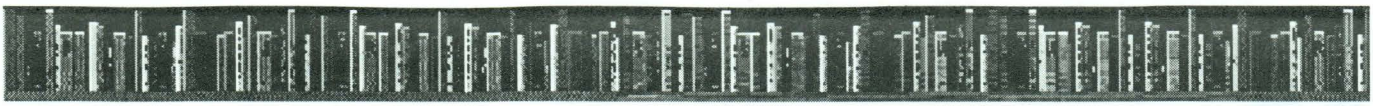


A Proud Supporter of A Black and White Affair

ASK US ABOUT FREE SIGHT TESTING



GENERAL COMING OUT RESOURCES

POSITIVELY GAY: NEW APPROACHES TO GAY AND LESBIAN LIFE Berzon, B., ed.
A valuable anthology of useful information on how to live a more fulfilling gay life. Includes: "Developing a Positive Gay Identity" and "Becoming a Gay Professional."

LOOKING AT GAY AND LESBIAN LIFE
Blumenfeld, W.J. & Raymond, D.
An encyclopedic wealth of well-researched, up-to-date information about every aspect of gay and lesbian life.

LESBIAN PATH
Cruikshank, M. This is an enlarged and revised edition of a landmark collection that includes true stories of lesbians' lives that provide entertainment, escape, and reassurance.

COMING OUT: AN ACT OF LOVE
Eichberg, R. A guide to affirming gay and lesbian identity from the first private choice to a loving public self-acceptance.

IS IT A CHOICE?
Marcus, E. A collection of 300 of the most frequently asked questions on being gay and lesbian.

WHEN SOMEONE YOU KNOW HAS AIDS
Martelli, L.J., Pelz, F.D. & Messina, W. An informative, compassionate guide offering realistic advice about everything from fear and grief to health insurance and wills.

REVELATIONS: A COLLECTION OF GAY MALE COMING OUT STORIES
Saks, A. & Curtis, W. These men's lives and loves will strike a chord of recognition in every gay reader.

NOW THAT YOU KNOW: WHAT EVERY PARENT SHOULD KNOW ABOUT HOMOSEXUALITY
Fairchild, B. & Hayward, N. The classic for parents who have just been told. Mothers of gay children tackle the myths, misconceptions, and stereotypes, and help parents with what gay children want to share. Updated with a new chapter, "AIDS and the Family."

PARENTS MATTER
Muller, A. Drawing evenly from the stories of lesbian daughters and gay sons, this book is essential reading for homosexuals and their families.

PARENTS OF THE HOMOSEXUAL
Switzer, D. K. & Switzer, S.
How can parents especially Christian parents, accept their gay child? This book examines the guilt and anger parents often feel toward their child, themselves and God, and helps parents and their gay children achieve reconciliation.

COMING OUT IN THE WORKPLACE

GAY ISSUES IN THE WORKPLACE
McNaught, B. In this clear concise, and thoughtful book, corporate consultant and educator Brian McNaught shows business people and corporate managers how anti-gay bias impacts the entire work-force and harms corporate productivity.

THE CORPORATE CLOSET: THE PROFESSIONAL LIVES OF GAY MEN IN AMERICA
Woods, J. and Lucas, J.
Drawing on hundreds of interviews with men across the country, explores the professional lives of gay men and their strategies for managing sexual identity at work.

YOUTH

COMING OUT TO PARENTS: A TWO-WAY SURVIVAL GUIDE FOR LESBIANS/GAY MEN AND PARENTS
Borhek, M.V. Offers valuable and heartfelt advice for lesbians, gay men and their parents.

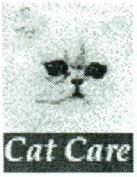
CHILDREN OF HORIZONS: HOW GAY AND LESBIANS TEENS ARE LEADING A NEW WAY OUT
Herdt, G. & Boxer, A. This book shatters the myths about gay youth and shows them to be psychologically healthy and well socialized.

BRIDGES OF RESPECT: CREATING SUPPORT FOR LESBIAN AND GAY YOUTH
American Friends Service Committee
A powerful analysis of the effects of homophobia on young people; creative ideas and approaches for affecting constructive change, and an annotated directory of useful organizations and print resources.

HUMOR

YOU KNOW YOU'RE GAY WHEN...
Cohen, Joseph A hilarious look at what it is that makes people know that they are gay.

These books are available by mail order from Lambda Rising Bookstore in Washington, D.C. (800) 621-6969 or at your local bookstore.



Cat Care

The Cats Guide For Humans
This Month :
The Bad Kitty List

1. Above all else, I'll never poke holes in a waterbed.
2. Even though it's OK to help My human clean house by licking dust of the blinds, it is NOT OK to get carried away and bite through the strings on the blinds and ruin them entirely.
3. I do not need to climb all the way up to the ceiling on the door frames, destroying the new wallpaper in the process.
4. I will leave the inflatable pillow in the bathtub alone. My claws do not do it any good.
5. I will never again pee and poop with great thoroughness on my human's beloved 100+ year old armchair when I feel cranky.
6. I will not "move" the fishbowl off the kitchen counter just because it isn't normally there. My human doesn't like finding motionless fish on the floor (after stepping into water and broken glass in the dark!).
7. I will not attempt to jump from the bed onto the top of My human's brand-new mahogany armoire.
8. I will not barf kibble and hairball into the box of silk flower arrangements, bouquets, and corsages My human just finished for a friend's wedding.
9. I will not barf, pee, and poop on Mother's just-from-the-cleaners white linen jacket.
10. I will not chase bugs and leap on My human's favorite framed artwork causing it to come crashing to the ground.
11. I will not chase the other cat onto the bed where my human has put a (cheap, cardboard-backed) mirror, causing it to be smashed to smithereens.
12. I will not chew holes in the bags of clean kitty litter and spread it on the floor.
13. I will not chew holes in the plastic garbage bag, even though the humans left perfectly good chicken fat going to waste in there.
14. I will not claw and tear at the cat food and dog food bags so that the food falls all over the place, and then do nothing when the mice eat it.
15. I will not climb on top of the cabinet in the bedroom and knock down grandma's vase, given to her by her mother, if I am not fed at 7 a.m.
16. I will not eat, drink lots of water and then throw up on my human's clean, white page proofs leaving her to explain the stain to her editor the next day.
17. I will not jump up from the floor, onto to the sideboard to knock over my human's 60 year old Art Deco figurine that WAS made of ivorine, brass and marble.
18. I will not make snowflakes out of a whole roll of paper towels/a whole box of kleenex/an entire head of lettuce.
19. I will not push the entire screen door off of the tracks (sliders) to get outside.

Reprinted with Permission, June 24, 1998
See www.offthemark.com to see more of Mark's great cartoons.

20. I will not rip a hole in the screen window next to the deck at 2:00 a.m. and then try to make a kitty door in the screen door to the deck to get back into the house.
21. I will not scratch up the windows when trying to get in the house.
22. I will not sharpen my claws on the (vinyl) record album covers. My human doesn't want to have to pull the record out to identify it.
23. I will not shred at least one roll of toilet paper a week just because I think it's cute.
24. I will not shred the Bad Kitty List.
25. I will not shred the box spring lining on my human's bed, and proceed to use it for a fort in the middle of the night.
26. I will not shred the carpet and the front door in a temper because I am not allowed out at 3 a.m.
27. I will not shred the kitchen sponge all over the carpet.
28. I will not tear open the screen on the back patio and take off under the house causing my human to go into a panic trying to get me out when she's 9 months pregnant
29. I will not tear up the curtains. If I do tear up the curtains, I will not look at the humans like they're crazy while they're yelling at me.
30. I will remember that the hallway curtains are only hanging from a tension rod, and I will not pull down the entire thing, curtain, rods, and all.
31. I'm supposed to claw the scratching post, not the couch.
32. My humans have gotten very good at leaving the mini-blinds open for me to look out. If they forget, I will not remind them by punching cat-sized holes in them.
33. Scratching posts were meant to be used, not laughed at.
34. Stereo speakers are not $400 scratching posts.

Tennis Courts

The following public outdoor courts are available free of charge when available. If you would like to secure a particular court and time, you can call our Bookings Unit at 496-4899. The booking fees are: $5/court per hour (adults), $3/court per hour (children & youth)
Kinsmen Park - 91 Ave. & 108 St.
Rundle Park - 26 St. &106 Ave.

Picnic Sites

Planning a picnic? Sites are available for your company, family picnic or special event on either a first come, first serve basis or guarantee your site by reserving it (reserved sites cost $15 - $24.50/ hr, including GST). For more information or to reserve a picnic site, please call Facility Booking at 496-4899, Monday through Friday from 8:30 am - 4:30 p.m.

Sheltered Sites:

Wm. Hawrelak Park (south of Groat Road Bridge)
Emily Murphy Park (94 Ave. & Groat Road)
Rundle Park (2909 113 Ave.)

Campgrounds

Klondike Valley Trailer Park - Highway 2 South & Ellerslie Road - Phone: 988-5067
You'll find this camping facility conveniently situated in the southern tip of the city off Calgary Trail. The Site features full and partial hook-ups, store, and laundromat.

Rainbow Campground - 13204 45 Ave. - Phone: 434-5531
Locate south of Whitemud Drive and accessible via 119 Street, this campground is set up for tents and trailers. You'll find partial hook-ups, a store, and a laundromat on the site.

River Valley Parks

Our river valley forms the country's longest urban park. Here are the parts that make up that Ribbon of Green.

Capilano Park - 109 Ave & 50 St
Barbecue grates and shelter for summer picnics are provided at this park.

Emily Murphy Park - Emily Murphy Road & Groat Road
This is a beautiful, picturesque spot just west of the University of Alberta. Great for picnics in the summer and tobogganing in the winter. Reservations at 496-4899.

Gallagher Park - 95 Ave & 94 St
Located near the Muttart Conservatory, Gallagher Park is home to Edmonton's annual Folk Festival in the summer and provides some great tobogganing in the winter.

Gold Bar Park - 109 Ave. & 50 St.
Linked to Rundle Park by a footbridge, Gold Bar Park offers a playground, picnic sites, and hiking and biking trails. Reservations at 496-4899.

Goldstick Park - 3910-103 Ave
In the winter, you can cross-country ski to the pavilion in Goldstick Park. At Goldstick Park you will also find baseball diamonds and a soccer/football field. Phone 496-4898 to reserve.

Hermitage Park - 2115-127 Avenue
North of the Beverly Bridge, this park offers picnic sites in a natural setting. The trails here are suitable for biking and hiking in summer and snow-shoeing and cross-country skiing in the winter. During the summer, the pond is stocked with trout. Reservations can be made at 496-4899.

Kinsman Sports Ctre - 9100 Walterdale Hill This park offers picnic sites, a playground, sports fields with nearby change rooms, pitch and putt golf, tennis courts, a wading pool, and two kilometers of well-lit cross-country ski trails. Many of the trails are paved for in-line skating. Also in this downtown park are the John Walter Historic Site and the Kinsmen Sports Centre, a complete fitness and aquatic facility.

Laurier Park - Buena Vista Rd & 134 St. Next to the Valley Zoo, Laurier Park offers nature paths, cross-country ski trails, baseball diamonds, open fields and picnic sites. Play a game of touch football, fly a kite, throw a Frisbee - whatever you fancy! Reservations at 496-4899.

Mill Creek Ravine Park - 95A St & 82 Ave. This park extends south from the Muttart Conservatory to the Argyle Velodrome. It has paved biking trails and is a great place for an afternoon hike. You can also swim at the outdoor pool.

Queen Elizabeth Park - 104 St & 90 Ave The picnic and barbecue facilities here also include a play area for children.

Rundle Park - 2909-113 Avenue
Both indoor and outdoor activities are featured at this park. The park contains the A.C.T. Recreation Centre and the Rundle Family Centre, as well as tennis courts, sports fields, paddle boats, skating, and picnic facilities. There are also trails for hiking, biking and cross-country skiing. One of the major features of the park is Rundle Golf Course, the only park in the city where you can play three kinds of golf: 18 hole par 3 golf, mini-golf, and Frisbee golf. Picnic reservations at 496-4899.

O^2 1998 / 1999 Membership Form

Mail to: ***OUT&Out***, 14016 - 109B Avenue, Edmonton, AB T5M 2K8
Email: O2edmonton@hotmail.com

Make Cheque *or* Money Order payable to: "*OUT&Out*"

Choose 1: ❑**Regular Membership:** $10.00 / year ➔**NOW to March 1999.**

Pick up your Newsletter at 1 of 8 locations.

- Nothing will be mailed to you, but we will need at least your name and preferably your phone #.
- If you'd like to know your Membership number call Kent at 454-0313.

Date: _____ **Name:** _____ **Phone:** _____

❑**Mail-my-Newsletter Membership:** $20.00 / year ➔**NOW to March 1999.**

Date: _____ **Name:** _____ **Phone:** _____

Mailing Address _____ **Postal Code:** _____

- Terwillegar Park - 159 Street & 45 Avenue

This park is excellent for observing nature in an undisturbed setting. Facilities include trails for hiking and cross-country skiing that provides a challenging experience for the seasoned outdoors enthusiast. This park is an off-leash area for dogs.

- Victoria Park - River Road & 116 Street

Golfing and skating are major seasonal attractions at Victoria Park. In summer you can play golf on an 18 hole course or practice your swing on the driving range. Horseshoe pits, a cricket pitch, and picnic sites are also available. During the winter the golf course attracts cross-country skiers out for a day of exercise. Picnic reservations 496-4899.

- Whitemud Park - Whitemud Road & 138 Street

Special attractions at this park include hiking and biking. The park also offers a tobogganing hill. The Whitemud Park borders the Whitemud Nature Reserve.

- William Hawrelak Park - South Side of Groat Bridge

A year round place for fun, this park features a man made lake for paddle boating. During the winter, the lake becomes a large open air skating pond with a heated indoor pavilion for changing. Other attractions here include a playground, snack bar services and picnic facilities. William Hawrelak Park is also the site of Edmonton's Heritage Amphitheater.

- Trail Access For People With Limited Mobility: Edmonton's River Valley Trails may now be accessed by people with mobility limitations.
- Specially designed motorized carts are available for rent at $5/hr from the Rundle Park Family Centre (located in Rundle Park 2909 113th Ave.) and can be booked in advance by calling 496-2966. All Edmonton parks are open from 9 a.m. to 11 p.m. For more information call 496-7275.

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AB FAB GARDEN TOUR

Liatris, Edmonton's lesbigay gardening group, sponsored a tour of the Devonian Botanic Garden on June 5. We were a priviledged group. Our tour took place after closing time so we had the entire garden to ourselves. Our guide was Patrick Seymour who was the Garden's director when much of it as designed and planted. Patrick's knowledge of the garden is unrivalled and his obvious love of the place and anecdotes about the garden's history made for a wonderful evening. In addition to Patrick, Liatris members Lindy and Tom, who have both worked at DBG, were able to answer many questions and point out obscure but beautiful plants to the group.

The evening was perfect. The oblique, soft, light accented the garden's rolling landscape. I have never seen the Kurimoto Japanese garden look more tranquil and beautiful. Texture is a major element in this garden and the play of light on the rocks, water and trees emphasized this aspect of its design. For those of us m king our own gardens there were lessons in how familiar plants, such as the humble caragana, potentilla, and Siberian lm can be transformed by imaginative pruning. Native larch is used extensively and to beautiful effect in this garden; they must be a splendid sight in the fall.

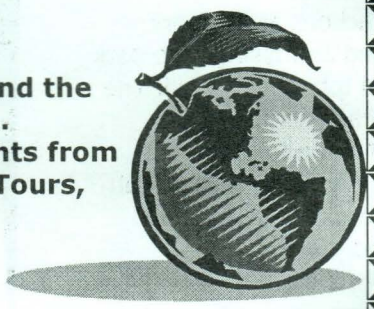
DBG has inherited a fine collection of orchids which are housed in one of several greenhouses devoted to tropical plants and butterflies. The brilliant colours and unusual forms of these flowers elicited plenty of oohs and aaws from the group. We then strolled around the cultivated part of DBG, we didn't have time to explore its more natural areas. A lesson that the garden teaches is that our climate can support a far greater variety of perennials than is generally assumed. The Primula Dell was coloured not only by primulas, but by a wide variety of plants that share their preference for cool, moist conditions. The iris beds were just coming into bloom, the yellow flag arises at the water's edge contrasted beautifully with spectacular groups of blue Siberian iris. In addition to herbaceous plants the garden contains a wide variety of trees and shrubs, some pruned to the taste of the deer population rather than that of the staff. Our final stop was in the splendid alpine garden. We caught it near its peak and didn't have time to do it full justice. Many of the loveliest plants hide in rocky crevices and reward patient searching. The unusually mild, snowless winter was hard on some of these plants adapted to rugged alpine conditions.

Everyone enjoyed our special tour of the Devonian garden. Thanks are due to Lindy for organizing the evening and to Pat Seymour for showing us the garden he did so much to create. DBG is one of Edmonton's treasures, anyone with an interest in gardening should pay it a visit.

Bill Addison

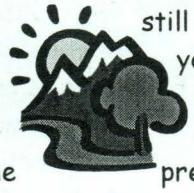
Next Month:

Travel Around the World...
Special Highlights from Gay & Lesbian Tours, Resorts, Charters...



Camp-Out '98

Well another OUT and Out annual camping trip has come and gone, and for anyone who has never been before, it has got to be one of the highlights of the O2 year. Until this year, I too was a Camp-Out virgin. I must admit I wasn't sure what to expect when Darren, this year's organizer, told me he was planning to bring his camp oven to bake cinnamon buns for the Saturday night pot-luck. You see, most of my camping experiences growing up were with my straight high school friends who loaded the car with beer and hot dogs, and with a bit of luck, perhaps a tent..... I thought, 'only fags would try to bake cinnamon buns out in the wilds of Jasper'. Well the bake-off didn't happen after all, but someone did bring cinnamon buns, although they were store bought (don't tell Martha!). The first challenge for the 28 arrivees to the weekend was figuring out where we were. Being in a group camping area meant that you needed to go around and distinguish between the Japanese tourists, the military academy kids, and us. Fortunately this wasn't too difficult....We were decidedly having the most fun with the best food. Although there was one poor soul found wandering around the parking lot, at midnight, in a tuxedo, very lost. We told him to follow us when he asked if we knew where "OUT and Out" was, but became slightly concerned when he told us his girlfriend had loaned him her tent. Was this lost soul perhaps even more lost than he knew? Well.... lost was not completely inaccurate. Although he did intend to camp with us, we soon discovered that he had arrived alone, in the dark, had never set up a tent before, and had no sleeping bag. Well, we set up his tent for him, collected donations of sleeping implements, and despite a rather kamikaze style of river crossing, he managed to survive the weekend intact. Which brings me to our grand Saturday expedition, the beginnings of which (we didn't commence hiking 'til 1pm) were summed up beautifully by Bill Addison who said, "Trying to organize a group of fags is like trying to herd cats". You're probably wondering by now if there were any women on this trip, which there were, but unfortunately they couldn't make it for the hike. Unfortunately, because they probably could have helped us find our way. You see, we set out to hike to Mystery Lake, and soon discovered why it was called Mystery Lake...It's still a mystery! In all fairness though, I must tell you that the Parks Canada guy we talked to did say that many people get lost on that hike, so we weren't just a bunch of silly queens following the prettiest looking flowers around in the woods. It was a great hike none the less, with several relatively tricky river crossings, climbs, wildlife, and beautiful vistas. After a soak in the Miette Hot Springs, we headed home for an amazing pot luck meal with new friends around a raging campfire. Of course all good things must come to an end. As such, Sunday saw many of us exchanging numbers and e-mail addresses, and the Calgary contingent(which was about half of us) agreeing to organize the next trip.



A big thank you to our organizer this year, Darren Bates, and a word of advice to those who didn't make it this year.... you don't know what you're missing... well except , of course,... Mystery Lake... which we're all still missing.

Steve Mulligan.

Arctic FrontRunners
Day: Sunday
Time: 11:00 am
Place: Steps at the entrance, to the Kinsmen Centre. The Arctic FrontRunners welcomes anyone interested in recreational running, to join our group on Sunday mornings. We run various routes on the river valley trail system, usually for 45 to 60 min. If you haven't run with us before, please call the number below to ensure that we meet you and don't leave without you. We often socialize over brunch after.
Cost: no cost
Contact: Bill 436-7892
Rating: 0 ~ 000

River Valley Cyclists
Sundays at 2:00 p.m.
Thursdays at7:00 p.m.
Start: ongoing
The River Valley cyclists are dedicated to the, spirit of fun and enjoyment of Edmonton's river valley. We include riders of all levels although the level of difficult varies from ride to ride. Mountain bikes are an asset, especially on the Sunday rides. We welcome all members of the lesbigay community and their friends.
Contact: Mike Reed 988-6402
Email: mreed1@planet.eon.net
Peter Whitaker: 434-4712
Email: pmwl@gpu.srv.ualbrta.ca

02 ACTIVITY RATING SCALE
0 - Easy to beginner
00 - Intermediate
000 - Challenging
0000 - Advanced, Expert

Rollerblading
When: Monday's 6:30 - 8:00 p.m.
Where: Meet at Government House Park Groat Rd).
Anyone who loves to rollerblade (or would like a supportive group to learn with) will enjoy this group activity. We meet in the parking lot at Government House Park and leave by 6:45 p.m. The pace varies and is always flexible. We don't go when the trails are wet.
Contact: Elvis 439-6120
Cost: Free to O2 members
Rating: 0~000

Group Movie Night
Every Tuesday
The Early Show
Make the most of cheap movie night. Share it with our group and your friends. Phone to find out where and what we are seeing. Join us for coffee afterwards for great conversation with friends.
Cost: cost of movie & treats
Contact: Kent 454-0313
Rating: 0

Free-to-Be Volleyball Association

The Free-to-Be Volleyball Association is ready for another exciting season. We look forward to seeing our former members returning for the new season and we welcome new members. The biggest addition to this year will > be our very own Alberta Tournament planned for December 5-6, 1998. *Look for the next O2 newsletter for details.*
Good luck to the Boyz of Hung Like a Fish and Kitschen Sync who will represent Edmonton in Vancouver. We're proud to have you as members.

Recreation League

The 1998/1999 season kicks off on Monday, September 28, 1998 from 6 to 8 p.m. at St. Edmund School (11712 130 Ave). Keep your Monday's free until December 14, 1998 inclusively. As suggested, St. Edmund is a larger gym than Grandin.
COST: To be determined.
Contact Rick at 497-7585 before coming out for the season kick off to ensure that last minute changes have not occurred.

Competitive League

The 1998/1999 season kicks off the week of October 11, 1998. Gym time and location is to be confirmed.
COST: To be determined.
Contact Geoff at 420-6698 for further information.

Tournaments

We're gearing up for three tournaments this year: Edmonton on Dec. 5-6, 1998 (B and C-recreation level players), The Apollo Cup in Calgary on April 2-4, 1999 and The Queen Vicki Cup in Vancouver on July 30 to August 2, 1999. The Edmonton tournament will be designed for team players from across Alberta. Individual entries will be welcome in the C-recreation division.
COST: To be determined.
Contact Andrew at 435-9379 for further information.

Beach League

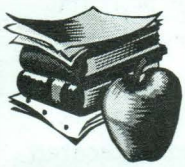
Beach Volleyball continues until the September long weekend.
Sundays at 2:00 pm - 4:00 pm
Garneau Community Centre
109 Street - 83 Avenue.

There was a fantastic turnout this year and the season rap up party provided a pleasant close to the season. Thanks to the Beach League members. See you next summer. Please contact Rick at 497-7585 to provide input on next season. The Association aspires to provide opportunities for our community to play volleyball in a supportive atmosphere.
Andrew, Geoff, Rick & Darcy
Association Co-ordinators

Join the Curling Club..

If you like your sports slippery, this one's for you. It may seem an odd time to think about ice, rocks, and brooms but planning must begin now if this activity is to start in the fall. Our aim is a fun, recreational, lesbigay curling league. If you curl or want to learn in a friendly, noncompetitive atmosphere, why not join us? You may enter as a team or as an individual. No experience is needed. The fee may seem like a lot but it covers 20 weeks of curling as well as some free coaching from Donna, the club manager. There will also be access to complete "learn to curl" courses in September and October. Depending on interest, drop in rates may be arranged for occasional participants. If you are interested in this activity it is important to contact Lance by the end of August so that he can finalize his arrangements with the curling club. Come out you closet curlers!

Contact: Lance 479-5308
Cost: $130-$150
Where: Avonair Curling Club
When: Sunday 1:30-3:30 October-March



Book Club

Monday's starting at 7:30 pm. Join us for coffee and a good book...Check out Orlando's at their new location for some great gay & lesbian books and references. Call Terry for where and when at 434-1854.

Join O2 for great activities..

Check out new sections ..
You can submit your comments and ideas to O2 via email, phone or drop by to the next meeting at GLCCE on Tuesday, September 1st at 6:45 pm

O2 Business

Wanted: Events Organizers

O2 depends entirely on its membership to generate activities. This requires a generous person to take on the task of organizing an event and advertising it in the newsletter. Kudos for past efforts are due to Lindy for organizing the Devonian Garden tour, Darren for putting the annual camping trip together, Lance for initiating a curling league for the fall, Wes for the waterpark frolic, Andrew and Rick for organizing the volleyball leagues, Kent for the art walks and movie nights, Terry for running the book club, and Bill for running the running group. If we want a vibrant community we have to work at it! Please bring any ideas for activities to the next organiztional meeting of O2.

O2 Organizational Meeting

September 1st, 6:45 at GLCCE, Come for coffee and bring your ideas for events for the October/November issue of the newsletter.

Wanted: Help with the O2 Newsletter

Without a regular newsletter O2 cannot fulfill its mandate to keep our community informed of recreational and cultural events. The Newsletter is he envy of other cities, notably our neighbour to the south. Currently the burden of putting the Newsletter together every two months falls on very few shoulders, we need help. Any assistance is welcome but we articularly need one or several people to handle our advertising. This would involve collecting the ads from advertisers and getting them to the editor. Help in collecting advertising revenue would also be welcome. If you are willing to help with the newsletter in any capacity please contact the editor, Laura at 498-7232, or, better yet, come to the membership meeting on Tuesday, September 1st...

Thanks Advertisers!

O2 appreciates the support it receives from its advertisers. If you would like to place an ad our Publisher will assist you with design and layout for ads going into O2. We encourage our members to patronize these gay-positive businesses.

PFLAG-T

PFLAG-T are parents and friends of lesbian, gay, bisexual and transgender persons. Our mission is to help families and their lesbian, gay, bisexual and transgender members to love and understand one another, and to offer mutual support wherever needed. We invite other parents to share knowledge, to be free from fear and to reach out, search and discover more about their children. We also openly welcome all lesbian, gay, bisexual and transgender people to look to us for support. Support meetings are held the 3rd Tuesday of each month at 7:30 PM at the Gay and Lesbian Community Centre, 10612-124 St, Suite 103.

The Youth Group

The Youth group meetings are for youth from 16-24 years of age and are held at GLCCE (# 103,10612-124 St.) every Saturday at 8:00 PM. After the meeting join the group for coffee at Jazzberrys Too Cafe at 10:00 PM.

Tuesdays: Karaoke at Jazzberrys Too Cafe at 7: 00 PM. 10 1 16-124 St. More info: Call GLCCE 488-3234.

There are also Movie Nights. For more info. call Blair at 479-4255.

GMOC (Gay Men's Outreach Crew)

Meet new friends for fellowship and support and have a whole lot of fun by attending GMOC's free and completely confidential workshops lead by trained facilitators.

Coming Out in the 90's

Deals with self-acceptance, self-esteem, coming out to family and friends, homophobia, and safer sex. 6 Wednesday evenings 7:00 to 10:00 PM. This workshop will be offered later this spring - phone the GMOC number or the AIDS Network to be put on the waiting list and you will be called when the dates have been set. Pre-registration required!

Being Gay in the 90's

Deals with issues around living as a gay man in our cormnunity such as coming out, connecting with the gay culture, relationships, negotiating, risk-taking, homophobia and safer sex. This workshop is currently running and is completely full. Ms workshop win be offered again in the future. Pre-registration required!

Men Meeting Men

This workshop will be offered next and it deals with many of the issues and barriers involved with meeting other bisexual or gay men for friendship or for relationships. The plan is to run this workshop 3 or 4 Saturdays or Sundays in a row (3-4 hours/day), but the dates have not been set yet - phone the GMOC number or the AIDS Network to be put on the waiting list and you will be called when the dates have been set. Pre-registration required!

Talking Together

A facilitated, informal, drop-in group discussion on issues raised by the participants: coming out, workplace, relationships, safer sex, homophobia, and discrimination - whatever is on your mind. An excellent way to meet new friends in a safe quiet environment. EVERY SUNDAY evening 7:00 to 9:00 PM at GLCCE.

GMOC can also provide confidential one-on-one information regarding issues like safer sex, sexually transmitted diseases, HIV and AIDS, testing etc. and is a good resource for finding other support groups and professionals.

For info or registration call GMOC at 944-1394 ext. 4662 or 4885742 (AIDS Network) or 488-3234 (Gay & Lesbian Community Centre of Edmonton: GLCCE) To provide a variety of opportunities for individuals to enjoy recreational, social and outdoor activities together in the hope of building a stronger LesBiGay Community.

Have fun and meet new people ... get involved!

Web Surfin in Cyberspacce

WomonSpace: We are a Lesbian non-profit organization in Edmonton, Alberta. We provide social and recreational activities throughout the year as well as publishing a monthly newsletter.
http://www.gaycanada.com/womonspace/members.htm

Gay Edmonton World Wide Web Site:
Alberta's Premiere Gay web site. Information on Edmonton, the people, the place and our irc channel.
www.compusmart.ab.ca/edspar/gayedmonton/

Andrew's Page of Queer Links
This page is intended as a good starting point to find queer information on the web. I intend to soon create a section which will be devoted to queer and queer-friendly locations in Alberta.
http://fermi.phys.ualberta.ca/~abrown/motss.html

Welcome to GLCCE, a resource centre for the gay, lesbian, bisexual, and transgendered community.
http://freenet.edmonton.ab.ca/glcce/

Community centers serving the lesbian and gay communities around the world.
http://www.gayscape.com/gayscape/comcent.html

Liatris Society: Gay, Lesbian and Bisexual gardening and outdoors.
http://www.cglbrd.com/entries/43.html

PFLAG: Parents, Family and Friends of Lesbians & Gays. http://www.pflag.org/

Gayscape: A great site for links on everything you need to know, Gay and Lesbian Pride, Organizations and Merchandise.
http://www.webcom.com/jwpub/gayscape/prd.html

Gay Pride WorldWide: Gay & Lesbian Pride Events
http://www.prideevents.com/

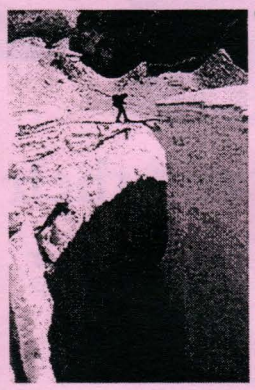
Transgender Links Wendy's World! & Transgender In-Site -- Wendy Dunham is a transsexual dedicated to improving social perceptions of transgendered people. The site is a mix of insight, education, hope, art, pictures, writing and fun!
http://www.scc.net/~wendy/tglinks.html

Home Lifestyle Channel: Lifestyle Channel Gay & Lesbian Transgender Transevestite, Transsexual, Transgendered editor's review
http://www.excite.com/xdr/Lifestyle/Gay_and_Lesbian/Transgender/

Want to have your own website? Design, construction, animation, graphics, upload and management..all at a very reasonable cost!! Members of O2 receive 20% discount. Business or personal. Web surfin' tutorial. Call for details. Call Laura @ 498-7232

Ski Trip to Banff

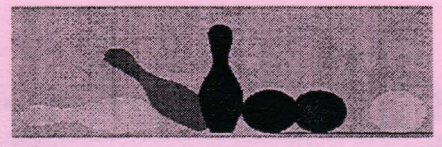
Planning is underway for a ski trip to Banff for January 15 to the 17th. One day skiing at Lake Louise and one day at Sunshine. Buses will leave Edmonton and Calgary on the Friday evening and return respectively on the Sunday following skiing. A group dinner will be organized for the Saturday evening. Any queries can be made to adventuer@hotmail.com or by phoning Darren 489-1360.



Running Races in Banff

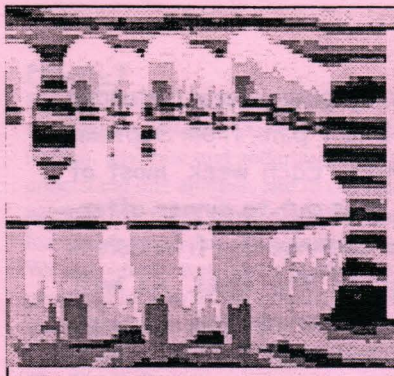
Melissa's Road Race, 10k/22k, September 26
Banff Centre Mountain Ekiden, 42.7 km Relay, October 17
Banff's Winterstart, November start date to confirmed.
A group from Edmonton will be venturing up to Banff for these races. I am expecting that there will be a number of Calgarians. The Calgarians will be challenging the Edmontonians in the relay for some friendly competition.

Join us in Banff to race or just hang out. Hopefully after racing many of us will still feel up to a hike. I will be organizing accommodation for our group in Banff. If you wish to join us please let me know asap. There is always the possibility of organizing your own accommodation, to suit your needs, and hooking up with us at everyone's convenience.
Anyone interested in getting together for some great times in Banff on these dates please contact Darren at adventuer@hotmail.com or call 489-1360.



10 Pin Bowling

You are invited to a Fun Bowl night on Saturday, August 29 to try your hand 10-pin bowling. You can bowl two games free, and members of the league will be there to help you learn how, if you need it!
The Northern Titans Bowling League has been promoting a fun, inexpensive night out for gays, lesbians and their friends and families since 1980. For the past two years, they have been welcomed at the Pins and Cues Bowling Lanes, situated in Westmount Shopping Centre. Pins and Cues has a playroom available for the kids, and there's a restaurant and Pizza Hut Express on site, as well. Everyone is welcome in the league, whether a beginner or a more experienced bowler. To most of the members, the Northern Titan Bowling League has become much more than just a once-a-week gathering of like-minded people. It has branched out into a social group.
The bowling goes every Saturday evening, 5 to 7 p.m., from September to April. Each week, most of the club goes out to dinner afterwards, to continue the friendships developed on the lanes. As well, parties are organized at Hallowe'en, Christmas and Valentine's Day. Future plans call for organized bar nights to further friendships made in the lanes.
Each May, at the End of Year Party, both experienced and inexperience bowlers are awarded for their efforts over the year. Awards are presented for low average, high average, low game to high game, team and individual results. The awards include both men and ladies categories. Each week throughout the season, everyone making three strikes in a row is rewarded, as well.
Tournaments are also a part of the Northern Titans Bowling League. As a member of the International Gay Bowling Organization, bowlers arrive from many places for the annual tournament in November. Members are encouraged to compete in out of town tournaments, as well.
The Northern Titans Bowling League is a non-profit organization that supports the Edmonton gay and lesbian community. If you're interested, join us at the Fun Bowl Night on August 29. You can also contact us by phone or e-mail for more information.
Garry Billett at 454-8609
e-mail: davegarry@v-wave.com),
Drystal Seitner Hagar 489-1733,
Kent Racher 454-0313.
Join the fun and excitement of ten-pin bowling!
For an informative site on bowling see:
http://www.gotenpin.co.uk/index.html



Northern Titans International Bowling Association of Alberta

Invites

All Gay, Lesbian, Bisexual, Transgendered and their Friends to join us for two FREE games of bowling

at

Pins & Cues Bowling Centre

Westmount Shopping Centre
111 Avenue & Groat Road

Saturday, August 29, 1998

Come Out.. With O2

Have Fun... Experience a great evening of bowling.

Contact:

Garry	426-6311	Kent	454-0313
Kystal	421-1933	Sue	482-2304

League Starts on
September 12, 1998

email: davegarry@v-wave.com